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December, 2024

Dear Friends of Purusha,

This past December and January 150 members of the Maharishi Purusha ProgramSM from around the world joined over 10,000 people from 139 countries on the 10,000 Assembly for World Peace in Hyderabad, India. We were thrilled to be a part of this historic Assembly and enjoyed seeing a variety of spiritual and business leaders from India express their support to help create permanent groups of 10,000 Yogic Flyers to create greater peace, coherence, and harmony in the world. As a result of the Assembly, multiple groups are being formed in India and it is anticipated that at least one permanent group of 10,000 Yogic Flyers will be established in 2025.

This past year was a successful one for courses at the Purusha CapitalSM. In 2025 we have an excellent lineup of leaders coming to conduct World Peace Assemblies, including Dr. Neil Paterson, Dr. Doug Birx, Dr. John Bright, and Dr. Bob Roth. In addition, our TM® Retreats with an option to learn a TM Advanced Technique were well attended in 2024, and we will again be holding four TM Retreats in 2025. See the enclosed flyer for detailed course descriptions for all our courses and how to apply.

Our new partnership with **FreeWill.com** has proved to be helpful to our friends and donors, and we have received notification of legacy gifts to PurushaSM as a result. In addition to being able to create a will for free,

anyone can create an Advance Health Care Directive and Durable Power of Attorney for free. For more information on using FreeWill and on other ways to contribute to Purusha, see the enclosed flyer.

In 2025 we are launching an 8-Step Consciousness Journey program for Meditators. Those Meditators who make a two-year commitment will receive TM Advanced Techniques and learn the TM-Sidhi® program. The program includes a knowledge component, regular attendance on our TM Retreats, a position with Purusha or Capital staff, and a salary. If you know of any meditators who may be interested in this program, they can contact Rick Troutman at **Rick@MaharishiPurusha.org**.

It is through the generous support of our donors that we are able to maintain the Purusha CapitalSM and the Purusha groups around the world. We are deeply grateful for your friendship and support, and we wish you and your family peace, prosperity, and growing enlightenment.

If you aren't currently a donor and would like to donate, or if you would like to increase your donation or make an additional one-time donation, please visit purusha.org/donate.

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Maharishi Purusha Program

P.S. To receive our email newsletter please sign up at **Purusha.org**. Our emails often go into people's spam folder so add us to your contacts and check your spam folder.

